



Department of Psychiatry Grand Rounds

FRIDAY, JAN. 17, 2025
12 - 1 pm

Livestream Presentation

"Fear vs. Data-Based Narratives in Medicine: The Case of Benzodiazepines"

Edward Silberman, MD

*Professor of Psychiatry, Emeritus
Tufts University School of Medicine*

Upon completion of this activity, participants should be able to:

Name 3 medical issues where beliefs contrary to scientific data became entrenched.

Summarize the evidence about efficacy, risk of abuse, dose escalation, and withdrawal syndromes for benzodiazepines.

List 4 indications and 3 contra-indications for benzodiazepine use.

List 6 principles for safe and effective prescribing of benzodiazepines.

**This presentation will be given in-person at
UF Psychiatric Hospital (Vista), Room 1901.**

**In-person watch parties will be held at the
McKnight Brain Institute, L4-101 and AOPC,
Room 3242.**

**Virtual links available via Livestream or
Zoom.**

DISCLOSURE

Dr. Silberman has disclosed that he has no relevant financial relationships. No one else in a position to control content has any financial relationships to disclose. Conflict of interest information for the CME Advisory Committee members can be found on the following website:
<https://cme.ufl.edu/disclosure/>.

All relevant financial relationships have been mitigated.

ACCREDITATION

The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT

The University of Florida College of Medicine designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

In order to receive credit, anyone watching the live streaming presentation must submit their evaluation by the end of the business day of the lecture to nancy.boyd@ufl.edu.

This program has been approved for 1.0 clinical hours of continuing education for clinical social workers, mental health counselors, and marriage & family therapists by Shands at the University of Florida, Patient and Family Resources, BAP-7. **CEU credits for LCSW, LMHC, LMFT licensed ONLY IN FLORIDA. Certification of completion provided to all participants regardless of state.**